



1  
00:00:07,450 --> 00:00:05,349  
what would happen if we went to Mars

2  
00:00:09,129 --> 00:00:07,460  
today well there'd be a little bit of

3  
00:00:11,379 --> 00:00:09,139  
surprise because we should have left

4  
00:00:12,789 --> 00:00:11,389  
earth 6 months ago and that's if you're

5  
00:00:14,440 --> 00:00:12,799  
using nuclear thermal propulsion

6  
00:00:17,200 --> 00:00:14,450  
capabilities which do not yet exist

7  
00:00:19,750 --> 00:00:17,210  
today using chemical propulsion like we

8  
00:00:21,189 --> 00:00:19,760  
have in Rockets today the trip to Mars

9  
00:00:23,230 --> 00:00:21,199  
would probably be on the order of eight

10  
00:00:24,970 --> 00:00:23,240  
or nine months during that eight or nine

11  
00:00:27,070 --> 00:00:24,980  
month time we would be weightless for

12  
00:00:28,390 --> 00:00:27,080  
that most of the transit time and our

13  
00:00:29,609 --> 00:00:28,400

bodies would be accommodating and

14

00:00:31,779 --> 00:00:29,619

adjusting to the weightless environment

15

00:00:34,180 --> 00:00:31,789

there's a possibility we'd be using

16

00:00:35,649 --> 00:00:34,190

artificial gravity on the trip and if we

17

00:00:37,180 --> 00:00:35,659

did that we might be rotating our

18

00:00:38,860 --> 00:00:37,190

spacecraft or at least a large part of

19

00:00:40,570 --> 00:00:38,870

the spacecraft so we would have spent

20

00:00:43,060 --> 00:00:40,580

the last six or eight or nine months

21

00:00:45,369 --> 00:00:43,070

actually rotating head-over-heels in an

22

00:00:47,410 --> 00:00:45,379

artificial gravity centrifuge several

23

00:00:48,850 --> 00:00:47,420

times each minute either way our bodies

24

00:00:51,070 --> 00:00:48,860

will have adjusted to that environment

25

00:00:53,500 --> 00:00:51,080

and when we land on Mars we'll have to

26  
00:00:55,450 --> 00:00:53,510  
accommodate to the new stationary one

27  
00:00:57,910 --> 00:00:55,460  
third of a G environment of the surface

28  
00:00:59,740 --> 00:00:57,920  
of Mars we're going to be on Mars for 18

29  
00:01:01,380 --> 00:00:59,750  
months according to our design reference

30  
00:01:04,630 --> 00:01:01,390  
mission nASA has put together a

31  
00:01:06,969 --> 00:01:04,640  
standardized mission plan for going to

32  
00:01:08,830 --> 00:01:06,979  
Mars not an official plan but a strawman

33  
00:01:09,970 --> 00:01:08,840  
plan that allows all the different

34  
00:01:11,380 --> 00:01:09,980  
organizations all the different

35  
00:01:13,420 --> 00:01:11,390  
engineers and scientists working on

36  
00:01:15,310 --> 00:01:13,430  
trips to Mars to work toward the same

37  
00:01:17,440 --> 00:01:15,320  
mission design so we know how many

38  
00:01:20,020 --> 00:01:17,450

months in transit how many months on the

39  
00:01:22,240 --> 00:01:20,030  
planet how many months coming back those

40  
00:01:24,970 --> 00:01:22,250  
18 months on Mars will be the busiest

41  
00:01:26,980 --> 00:01:24,980  
time of our happy little crew of our

42  
00:01:29,020 --> 00:01:26,990  
lives we will be working as productively

43  
00:01:31,450 --> 00:01:29,030  
as we possibly can on the surface of

44  
00:01:32,980 --> 00:01:31,460  
Mars to justify the expense of the

45  
00:01:34,840 --> 00:01:32,990  
mission and it will be a large expense

46  
00:01:37,480 --> 00:01:34,850  
spread across several space agencies

47  
00:01:39,850 --> 00:01:37,490  
around the world so that we are able to

48  
00:01:41,830 --> 00:01:39,860  
produce results that will allow future

49  
00:01:44,830 --> 00:01:41,840  
missions to fly results that are so

50  
00:01:46,810 --> 00:01:44,840  
interesting and so so valuable that

51  
00:01:48,940 --> 00:01:46,820  
future missions will be will be funded

52  
00:01:51,250 --> 00:01:48,950  
and sent to do subsequent missions to

53  
00:01:52,990 --> 00:01:51,260  
Mars and then after the sixth after the

54  
00:01:54,820 --> 00:01:53,000  
eighteen months on the planet there will

55  
00:01:56,860 --> 00:01:54,830  
be a six-month transit coming back to

56  
00:01:59,530 --> 00:01:56,870  
earth so what would happen if we landed

57  
00:02:01,180 --> 00:01:59,540  
on Mars today we would see outside of

58  
00:02:04,000 --> 00:02:01,190  
our window of you very much like this a

59  
00:02:07,000 --> 00:02:04,010  
red landscape with a substantial amount

60  
00:02:09,249 --> 00:02:07,010  
of relief to it and a lot of prospects

61  
00:02:11,290 --> 00:02:09,259  
for for exploration as we understand the

62  
00:02:12,309 --> 00:02:11,300  
planet but we would not see is something

63  
00:02:14,140 --> 00:02:12,319

that looks like this

64

00:02:16,870 --> 00:02:14,150

this is a scene that astronauts see now

65

00:02:18,310 --> 00:02:16,880

after six months in transit and as

66

00:02:20,380 --> 00:02:18,320

base craft after they land on a

67

00:02:22,330 --> 00:02:20,390

planetary surface the spacecraft is the

68

00:02:24,430 --> 00:02:22,340

International Space Station and the

69

00:02:25,660 --> 00:02:24,440

planetary surface of course is the earth

70

00:02:27,700 --> 00:02:25,670

you can notice immediately the

71

00:02:29,920 --> 00:02:27,710

differences in color earth is I got a

72

00:02:31,510 --> 00:02:29,930

lot more green to it than Mars does here

73

00:02:35,260 --> 00:02:31,520

even in the steppes of Kazakhstan this

74

00:02:37,210 --> 00:02:35,270

was just a few months ago in June when

75

00:02:39,220 --> 00:02:37,220

this particular astronaut crew was able

76  
00:02:41,170 --> 00:02:39,230  
to land successfully after the Space

77  
00:02:43,540 --> 00:02:41,180  
Station mission we have recovery

78  
00:02:45,940 --> 00:02:43,550  
vehicles on the horizon poised to bring

79  
00:02:47,560 --> 00:02:45,950  
a lot of rescue personnel to the landing

80  
00:02:49,750 --> 00:02:47,570  
site to help the astronauts make the

81  
00:02:52,120 --> 00:02:49,760  
transition from their spacecraft just

82  
00:02:54,460 --> 00:02:52,130  
off screen left right here into a

83  
00:02:56,980 --> 00:02:54,470  
medical facility an inflatable tent off

84  
00:02:58,480 --> 00:02:56,990  
to screen to the left and in fact

85  
00:03:00,100 --> 00:02:58,490  
there's a lot of people here that you

86  
00:03:02,020 --> 00:03:00,110  
would not see on Mars what you would see

87  
00:03:04,030 --> 00:03:02,030  
on Mars is not just a single astronaut

88  
00:03:05,770 --> 00:03:04,040

but probably five or six astronauts this

89

00:03:07,960 --> 00:03:05,780

group of people right in the middle each

90

00:03:10,570 --> 00:03:07,970

of them requiring the support of others

91

00:03:12,310 --> 00:03:10,580

just as that single astronaut does in

92

00:03:14,050 --> 00:03:12,320

the scene and imagine the number of

93

00:03:16,360 --> 00:03:14,060

people for three astronauts in this

94

00:03:18,790 --> 00:03:16,370

landing there's lots of people required

95

00:03:20,350 --> 00:03:18,800

for a typical landing on the on the

96

00:03:22,420 --> 00:03:20,360

earth one of the issues that this

97

00:03:25,390 --> 00:03:22,430

astronaut is confronting in this picture

98

00:03:27,280 --> 00:03:25,400

is a ballast disturbance he's his the

99

00:03:29,230 --> 00:03:27,290

organs of balance and his inner ear have

100

00:03:31,120 --> 00:03:29,240

become accustomed to the weightlessness

101  
00:03:32,890 --> 00:03:31,130  
of space flight and he's not as

102  
00:03:36,160 --> 00:03:32,900  
confident standing up and moving around

103  
00:03:37,990 --> 00:03:36,170  
as he was before flight in that medical

104  
00:03:40,120 --> 00:03:38,000  
tent after a brief checkup we'll be

105  
00:03:42,670 --> 00:03:40,130  
asking him and his colleagues to do a

106  
00:03:45,760 --> 00:03:42,680  
very simple stereo lie of stereotyped

107  
00:03:47,590 --> 00:03:45,770  
kind of set of measurements that mimic

108  
00:03:50,050 --> 00:03:47,600  
the activities an astronaut might well

109  
00:03:51,910 --> 00:03:50,060  
be doing immediately after arriving on

110  
00:03:54,190 --> 00:03:51,920  
the surface of Mars things as simple as

111  
00:03:56,380 --> 00:03:54,200  
unassisted standing up from a seated

112  
00:03:58,210 --> 00:03:56,390  
position at a chair standing up from

113  
00:04:00,420 --> 00:03:58,220

from flat on the floor as if they had

114

00:04:02,800 --> 00:04:00,430

accidentally stumbled and fallen on Mars

115

00:04:05,199 --> 00:04:02,810

moving weights around moving large

116

00:04:08,050 --> 00:04:05,209

objects around a short distance and even

117

00:04:10,330 --> 00:04:08,060

the heel to toe walk that is a very good

118

00:04:14,380 --> 00:04:10,340

indicator of integrated sensory motor

119

00:04:17,140 --> 00:04:14,390

function those those studies that are

120

00:04:19,300 --> 00:04:17,150

done right now on spacecraft on Soyuz

121

00:04:21,430 --> 00:04:19,310

crews that land back on the earth are

122

00:04:23,380 --> 00:04:21,440

providing information to future

123

00:04:25,750 --> 00:04:23,390

spacecraft designers both for Mars

124

00:04:27,340 --> 00:04:25,760

Landers and for Mars habitats so they

125

00:04:29,350 --> 00:04:27,350

will know how to design their vehicles

126  
00:04:30,680 --> 00:04:29,360  
to provide the best of support and care

127  
00:04:32,720 --> 00:04:30,690  
for astronauts in this

128  
00:04:35,200 --> 00:04:32,730  
awkward phase of transition from

129  
00:04:38,270 --> 00:04:35,210  
weightlessness to Mars surface gravity

130  
00:04:40,970 --> 00:04:38,280  
this particular image illustrates visual

131  
00:04:42,470 --> 00:04:40,980  
testing because we have recently over

132  
00:04:45,440 --> 00:04:42,480  
the last several years identified

133  
00:04:46,850 --> 00:04:45,450  
changes in visual acuity as a problem

134  
00:04:48,920 --> 00:04:46,860  
astronauts have in long-duration

135  
00:04:49,700 --> 00:04:48,930  
spaceflight it comes on very gradually

136  
00:04:51,860 --> 00:04:49,710  
very slowly

137  
00:04:54,620 --> 00:04:51,870  
it was probably there even on shorter

138  
00:04:56,170 --> 00:04:54,630

flights back in the shuttle era and the

139

00:04:58,490 --> 00:04:56,180

extended time on the space station

140

00:05:01,760 --> 00:04:58,500

simply allows it to become more fully

141

00:05:03,770 --> 00:05:01,770

expressed that it may be related to a

142

00:05:06,050 --> 00:05:03,780

change in the cardiovascular system I

143

00:05:08,240 --> 00:05:06,060

mentioned earlier the cardiovascular

144

00:05:10,790 --> 00:05:08,250

system is of course full of the body's

145

00:05:12,680 --> 00:05:10,800

fluids especially the blood the blood

146

00:05:14,510 --> 00:05:12,690

does shift in the upper and the body

147

00:05:16,340 --> 00:05:14,520

from the lower body into the upper body

148

00:05:18,410 --> 00:05:16,350

actually what it does is equilibrating

149

00:05:20,000 --> 00:05:18,420

the absence of gravity so it is more

150

00:05:22,070 --> 00:05:20,010

evenly distributed up and down the

151

00:05:24,410 --> 00:05:22,080

body's long axis but that has the net

152

00:05:26,600 --> 00:05:24,420

result of being an increase in in body

153

00:05:28,040 --> 00:05:26,610

fluid in the upper part of the body the

154

00:05:30,200 --> 00:05:28,050

upper part of the body is where the head

155

00:05:32,240 --> 00:05:30,210

is in the brain and there's increased

156

00:05:33,890 --> 00:05:32,250

filling of the head and the brain and

157

00:05:35,840 --> 00:05:33,900

perhaps an increased pressure in the

158

00:05:38,180 --> 00:05:35,850

upper part of the body that pressure has

159

00:05:40,400 --> 00:05:38,190

to go somewhere and it tries to find

160

00:05:43,220 --> 00:05:40,410

places to go including along the optic

161

00:05:44,840 --> 00:05:43,230

nerve tracts those are the tracks the of

162

00:05:47,060 --> 00:05:44,850

the optic nerves from the brain to the

163

00:05:49,040 --> 00:05:47,070

eye and if it does that then perhaps

164

00:05:52,340 --> 00:05:49,050

it's pushing against the eyeball and

165

00:05:54,380 --> 00:05:52,350

flattening the eyeball somewhat changing

166

00:05:55,670 --> 00:05:54,390

the focal length of the eye and causing

167

00:05:59,870 --> 00:05:55,680

the astronauts to have visual

168

00:06:01,850 --> 00:05:59,880

disturbances such as a decreasing near

169

00:06:04,280 --> 00:06:01,860

vision capability it's more or less like

170

00:06:06,500 --> 00:06:04,290

they've lost a lot of their nerve visual

171

00:06:08,240 --> 00:06:06,510

a near field of visual accomodation

172

00:06:10,820 --> 00:06:08,250

ability and they're they're more

173

00:06:12,800 --> 00:06:10,830

farsighted than they were before this is

174

00:06:14,060 --> 00:06:12,810

of only a little bit of a nuisance on

175

00:06:15,500 --> 00:06:14,070

the space station except when you're

176

00:06:17,150 --> 00:06:15,510

trying to do some close-up work like

177

00:06:19,460 --> 00:06:17,160

reading your checklist like say for a

178

00:06:21,680 --> 00:06:19,470

Soyuz landing but we don't know if it's

179

00:06:23,360 --> 00:06:21,690

going to continue to get worse on longer

180

00:06:24,590 --> 00:06:23,370

missions beyond low-earth orbit and

181

00:06:26,900 --> 00:06:24,600

especially longer missions and

182

00:06:28,190 --> 00:06:26,910

weightlessness so we're studying the

183

00:06:30,590 --> 00:06:28,200

phenomenon today on the space station

184

00:06:32,990 --> 00:06:30,600

and we're also evaluating some of the

185

00:06:34,700 --> 00:06:33,000

mechanisms behind it it may be that this

186

00:06:36,260 --> 00:06:34,710

fluid shift is actually the cause of

187

00:06:38,330 --> 00:06:36,270

this and if that's the case then it

188

00:06:40,490 --> 00:06:38,340

makes sense that reversing the fluid

189

00:06:43,370 --> 00:06:40,500

shift might alleviate the symptoms and

190

00:06:43,950 --> 00:06:43,380

and cause the eye to resume resume it's

191

00:06:46,439 --> 00:06:43,960

more

192

00:06:49,560 --> 00:06:46,449

spiracle shape so we're using a Russian

193

00:06:51,270 --> 00:06:49,570

device to redistribute the body's fluids

194

00:06:53,100 --> 00:06:51,280

as if the individual is standing up

195

00:06:55,140 --> 00:06:53,110

under Earth's normal gravity the Russian

196

00:06:57,180 --> 00:06:55,150

device is called Jibus it's a lower body

197

00:06:59,129 --> 00:06:57,190

negative pressure device and it's just

198

00:07:00,510 --> 00:06:59,139

what it sounds like it applies a slight

199

00:07:02,879 --> 00:07:00,520

negative pressure to the lower body

200

00:07:05,730 --> 00:07:02,889

allowing the fluids to redistribute in a

201  
00:07:07,980 --> 00:07:05,740  
normal manner typical for life on earth

202  
00:07:10,080 --> 00:07:07,990  
under a gravity field if measurements

203  
00:07:12,240 --> 00:07:10,090  
like this one and others indicate a

204  
00:07:14,279 --> 00:07:12,250  
return to normal visual function and

205  
00:07:15,779 --> 00:07:14,289  
other measurements indicate a change in

206  
00:07:18,300 --> 00:07:15,789  
the fluid distribution that might be a

207  
00:07:20,790 --> 00:07:18,310  
hint as to the right path to proceed for

208  
00:07:24,110 --> 00:07:20,800  
changes for the visual acuity changes in

209  
00:07:26,010 --> 00:07:24,120  
a current long-duration space flight

210  
00:07:28,230 --> 00:07:26,020  
another issue of long-duration

211  
00:07:31,260 --> 00:07:28,240  
spaceflight may well be bouts of

212  
00:07:33,540 --> 00:07:31,270  
loneliness and isolation the six

213  
00:07:35,999 --> 00:07:33,550

astronauts if there are six on the Mars

214

00:07:37,560 --> 00:07:36,009

mission will be the only people on that

215

00:07:38,879 --> 00:07:37,570

mission and when they land on Mars

216

00:07:41,640 --> 00:07:38,889

they're going to be the only people on

217

00:07:44,850 --> 00:07:41,650

the entire planet of Mars they will be

218

00:07:46,589 --> 00:07:44,860

they will be isolated as no humans have

219

00:07:49,500 --> 00:07:46,599

ever been isolated before and they will

220

00:07:52,080 --> 00:07:49,510

also be as autonomous as reliant on

221

00:07:53,700 --> 00:07:52,090

themselves as anybody has ever been yes

222

00:07:57,029 --> 00:07:53,710

they will have infrastructure provided

223

00:07:58,830 --> 00:07:57,039

by the by the national space agencies

224

00:08:01,140 --> 00:07:58,840

that funded their travel there there

225

00:08:04,140 --> 00:08:01,150

will be vehicles waiting for them on

226

00:08:06,629 --> 00:08:04,150

Mars with habitats and life support

227

00:08:08,279 --> 00:08:06,639

systems and and there will be everybody

228

00:08:10,080 --> 00:08:08,289

in Mission Control and multiple mission

229

00:08:12,360 --> 00:08:10,090

controls around the world plus all of us

230

00:08:14,700 --> 00:08:12,370

back on earth rooting for them but when

231

00:08:17,879 --> 00:08:14,710

it comes to the final analysis we're all

232

00:08:19,020 --> 00:08:17,889

tens of minutes away by radio because of

233

00:08:20,520 --> 00:08:19,030

the distance between the Earth and Mars

234

00:08:22,820 --> 00:08:20,530

and so the astronauts will really be

235

00:08:25,339 --> 00:08:22,830

working by themselves on their own

236

00:08:29,070 --> 00:08:25,349

supporting each other and this very

237

00:08:30,839 --> 00:08:29,080

stressful highly autonomous setting they

238

00:08:32,279 --> 00:08:30,849

will be trained to work with each other

239

00:08:34,589 --> 00:08:32,289

to understand the problems and

240

00:08:35,819 --> 00:08:34,599

psychological problems of of isolation

241

00:08:38,219 --> 00:08:35,829

and confinement and long-distance

242

00:08:40,050 --> 00:08:38,229

spaceflight and I'm sure they'll be well

243

00:08:42,089 --> 00:08:40,060

selected and very well prepared to do

244

00:08:44,460 --> 00:08:42,099

this but there will be support from from

245

00:08:46,560 --> 00:08:44,470

back on earth to make sure that they are

246

00:08:49,760 --> 00:08:46,570

able to overcome whatever challenges are

247

00:08:51,560 --> 00:08:49,770

presented to them when when time permits

248

00:08:52,639 --> 00:08:51,570

I've mentioned a few of the problems

249

00:08:54,230 --> 00:08:52,649

that have occurred in long-duration

250

00:08:56,360 --> 00:08:54,240

spaceflight the problems that we're

251  
00:08:58,880 --> 00:08:56,370  
studying on on the one-year ISS mission

252  
00:09:01,100 --> 00:08:58,890  
we also have the effect of isolation and

253  
00:09:03,230 --> 00:09:01,110  
increased radiation and low Earth orbit

254  
00:09:06,440 --> 00:09:03,240  
on the immune system we have changes in

255  
00:09:09,500 --> 00:09:06,450  
the and the flora and the bacteria that

256  
00:09:11,720 --> 00:09:09,510  
inhabit our gut so that allows us to

257  
00:09:14,269 --> 00:09:11,730  
metabolize nutrients in a healthy manner

258  
00:09:15,740 --> 00:09:14,279  
we have the loss of muscles and bone

259  
00:09:17,780 --> 00:09:15,750  
capacity and long duration

260  
00:09:19,460 --> 00:09:17,790  
weightlessness we think we have a good

261  
00:09:21,110 --> 00:09:19,470  
solution to that that involves exercise

262  
00:09:23,660 --> 00:09:21,120  
especially resistive exercise

263  
00:09:25,519 --> 00:09:23,670

zero-gravity weightlifting but the

264

00:09:27,949 --> 00:09:25,529

problem now seems to be or the problem

265

00:09:29,810 --> 00:09:27,959

now is one of repackaging the systems

266

00:09:32,420 --> 00:09:29,820

that are that seem to be working well on

267

00:09:35,389 --> 00:09:32,430

the space station for use in a much more

268

00:09:38,150 --> 00:09:35,399

compact form on the on a Mars vehicle

269

00:09:40,220 --> 00:09:38,160

and we also have the issue of human

270

00:09:42,949 --> 00:09:40,230

factors aspects of the spaceflight such

271

00:09:45,079 --> 00:09:42,959

as diminished fine motor skills that is

272

00:09:46,820 --> 00:09:45,089

how does one manipulate delicate

273

00:09:48,230 --> 00:09:46,830

instruments and controls and switches

274

00:09:51,199 --> 00:09:48,240

and things like that

275

00:09:53,090 --> 00:09:51,209

if the sensory motor system and the body

276

00:09:54,530 --> 00:09:53,100

have adapted to the altered gravity

277

00:09:58,579 --> 00:09:54,540

environment of Mars and the altered

278

00:10:00,019 --> 00:09:58,589

gravity environment of spaceflight so

279

00:10:02,930 --> 00:10:00,029

we're one half of the way through our

280

00:10:06,199 --> 00:10:02,940

one-year expedition above Earth in the

281

00:10:08,810 --> 00:10:06,209

ISS and this is a chance for us to test

282

00:10:10,579 --> 00:10:08,820

our test ourselves have we done our

283

00:10:12,199 --> 00:10:10,589

homework well have we learned the

284

00:10:13,940 --> 00:10:12,209

lessons from previous missions on the

285

00:10:15,680 --> 00:10:13,950

International Space Station from

286

00:10:17,329 --> 00:10:15,690

previous missions on the Russian space

287

00:10:19,880 --> 00:10:17,339

station Mir and from a string of

288

00:10:21,860 --> 00:10:19,890

successful Salyut missions the Russians

289

00:10:23,840 --> 00:10:21,870

flew have we learned our lessons from

290

00:10:26,540 --> 00:10:23,850

the American Skylab space station back

291

00:10:29,900 --> 00:10:26,550

in the 1970s and from all other human

292

00:10:31,910 --> 00:10:29,910

space flights the chance to test

293

00:10:33,980 --> 00:10:31,920

ourselves by doing a one-year mission is

294

00:10:36,350 --> 00:10:33,990

the chance to see whether the lessons

295

00:10:38,030 --> 00:10:36,360

we've learned so far and the predictions

296

00:10:40,819 --> 00:10:38,040

we've made based on missions up until

297

00:10:43,280 --> 00:10:40,829

now are met by the by the results from

298

00:10:46,250 --> 00:10:43,290

upcoming of days and months in the

299

00:10:48,199 --> 00:10:46,260

one-year ISS mission astronaut scott

300

00:10:50,930 --> 00:10:48,209

kelly and his russian one-year mission

301  
00:10:52,550 --> 00:10:50,940  
counterpart mikhail kornienko and their

302  
00:10:53,360 --> 00:10:52,560  
crewmates on the international space

303  
00:10:55,880 --> 00:10:53,370  
station right now

304  
00:10:58,579 --> 00:10:55,890  
and other astronauts past and future and

305  
00:11:01,120 --> 00:10:58,589  
in fact all of us that are working on

306  
00:11:03,500 --> 00:11:01,130  
their programs here on the earth are

307  
00:11:05,810 --> 00:11:03,510  
trying to solve the problems of law

308  
00:11:07,460 --> 00:11:05,820  
long-duration spaceflight and the

309  
00:11:12,170 --> 00:11:07,470  
one-year mission is a chance for us to

310  
00:11:13,730 --> 00:11:12,180  
do exactly that if we are successful in

311  
00:11:16,370 --> 00:11:13,740  
solving these problems of long-duration

312  
00:11:18,800 --> 00:11:16,380  
spaceflight future missions will be able

313  
00:11:21,050 --> 00:11:18,810

to proceed with confidence and the

314

00:11:22,790 --> 00:11:21,060

because secure the knowledge that they

315

00:11:24,290 --> 00:11:22,800

know what to expect at least based on

316

00:11:26,750 --> 00:11:24,300

our experience on the space station so

317

00:11:28,910 --> 00:11:26,760

far and of course there'll be a better

318

00:11:30,430 --> 00:11:28,920

position to respond to new challenges

319

00:11:32,870 --> 00:11:30,440

that we have not yet been able to

320

00:11:34,460 --> 00:11:32,880

predict and respond to those

321

00:11:37,850 --> 00:11:34,470

successfully so that their missions are

322

00:11:41,120 --> 00:11:37,860

successful and effective and productive

323

00:11:43,010 --> 00:11:41,130

our goal is to provide the astronauts

324

00:11:47,180 --> 00:11:43,020

that land on Mars to make them as as

325

00:11:49,790 --> 00:11:47,190

safe and healthy and as productive and

326

00:11:50,990 --> 00:11:49,800

efficient and as happy as possible that

327

00:11:55,370 --> 00:11:51,000

is the work that we're doing on the

328

00:11:56,630 --> 00:11:55,380

International Space Station today for